

# Assembly instructions - Care and safety instructions

Before using the motorcycle for the first time, it is essential that you read these operating instructions carefully in order to become familiar with the operation and features of your new motorcycle central stand.

However, if you have any questions that are not answered in this manual, please contact the team at [info@bike-tower.de](mailto:info@bike-tower.de) for assistance. We will be happy to answer all your questions as quickly as possible.

We deliver the Bike-Tower ready for use. Nevertheless, we ask you to check all screws for tightness before using it for the first time. We also recommend to check the screws once a year.

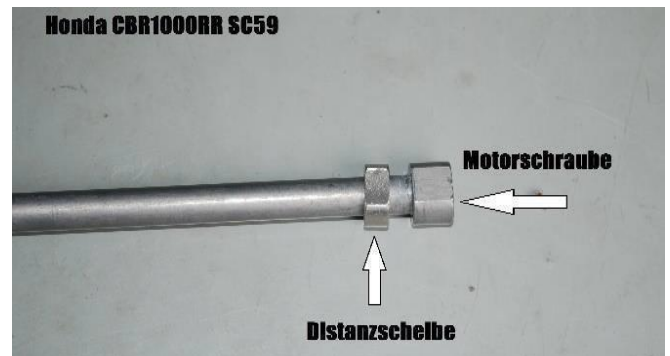
## Mounting the frame sleeve and carrier plate:

Most motorcycles are fitted with a specially made frame sleeve (with thread), which replaces the nut of the upper motorcycle mounting axle.

If the supplied frame sleeve does not have a thread, it is fastened again with the original axle nut / frame screw or an attached screw.

## Honda CBR1000RR SC59 and SC77:

On these models, the supplied spacer disc is pushed onto the quick-release axle before it is inserted into the motorcycle from the right.



Please loosen the nut of the upper motorcycle mounting axle.

If necessary, push the axle around to the right, i.e. in the direction of travel:



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Now fasten the frame sleeve as described above and tighten it to the prescribed torque. Please ask your dealer for the torque.  
Attention: The sleeve is machined so that it does not rotate when tightened.

The nut / bolt etc. is no longer needed as the frame sleeve remains permanently attached to the motorcycle. Due to the design of some models, the frame sleeve can protrude slightly from the frame hole or be secured with a split pin.

## Adjusting the carrier plate: Please find tutorial videos on our website.

Unscrew the carrier plate from your Bike-Tower (pic. 1) and loosen the two mounting bolts (pic. 2). If the lower mount (which engages in the swing arm) is fixed with a countersunk screw, please do not loosen it. The adjustment is done with the upper screw. On some motorcycle models, the swingarm mount is fitted with a plastic cover or similar. Please remove this before adjusting the carrier plate.

Picture 1:



Picture 2:



Now insert the carrier plate into the motorcycle and insert the cotter pin (if present):



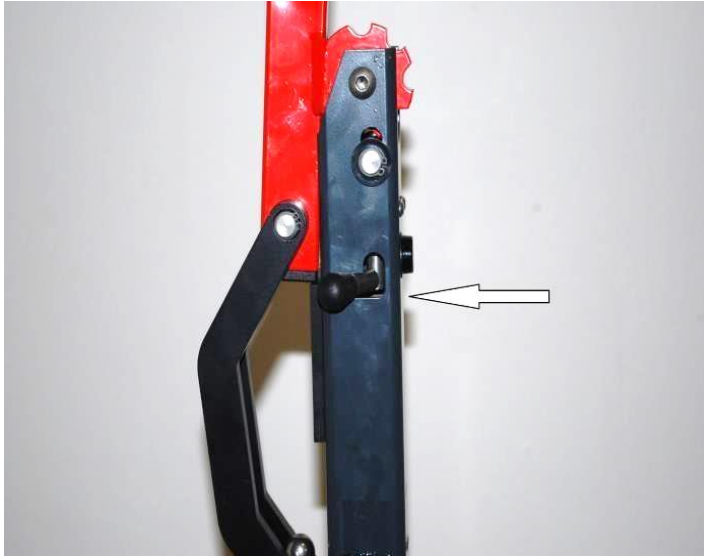
Now you can retighten the two bolts on the carrier plate. These are also specially machined and do not rotate.

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The carrier plate should now be easy to remove or insert.

Now the carrier plate is screwed to your Bike-Tower again with 25 Nm (hand-tight).

## Operation of the Bike-Tower:



To insert the central stand unlock the handle. (Pos. Bottom-left)

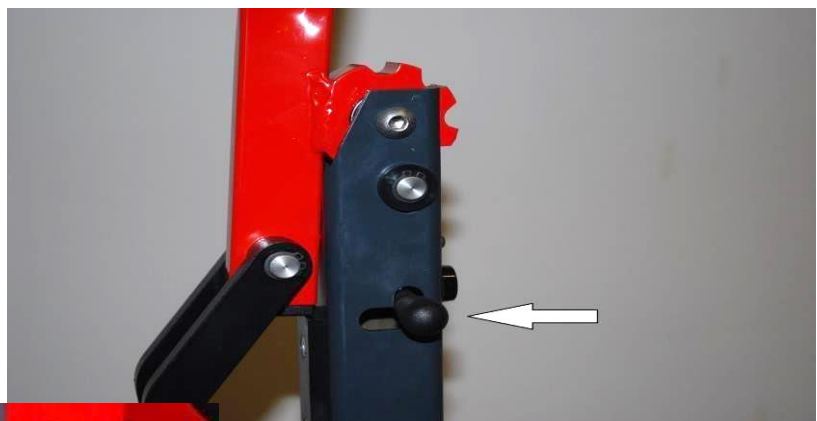
With the lever arm (Pos. All the way up), insert the Bike-Tower into the motorcycle as follows:

Keep the motorcycle straight with your left hand on the handlebar. Then insert the Bike-Tower with your right hand and right foot.

*Tip:* When you first try to lift the motorcycle, you should use a second person to stabilize the motorcycle and hold it straight.

You must lift the Bike-Tower slightly when inserting it.

After successful docking, turn the pawl and push down the lever arm to lift the motorcycle. The handle system allows the motorcycle to remain at different heights on its own. For a better understanding, we recommend to watch our product videos on our website.



To lower the motorcycle again, proceed as follows: Release the safety catch (Pos. bottom-left)

When engaging the Bike-Tower in the intermediate steps, push the lever slightly downwards until you hear the safety pin drop.

This is not necessary in the last notch.

Now you can carefully lower the motorcycle with the lever.

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## Add-on:

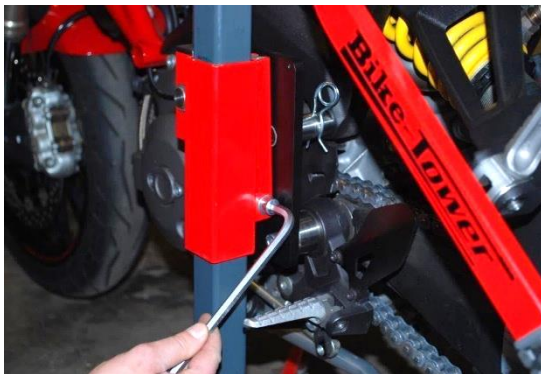


By turning the threaded spindle in unloaded state, you can adjust the desired height of the motorcycle to the millimeter.



## Adjust the tilt:

In order to be able to adjust the tilt, the carrier plate must not be firmly tightened. Please loosen the fixing screws slightly.



When the motorcycle is raised, you can adjust the desired tilt by turning the adjusting screw. Use an 8mm Allen key.

After the desired tilt has been set, the carrier plate must be tightened again to 25Nm (hand-tight). To do this, remove the Bike-Tower from the motorcycle again.

Please refer to the product video on our website (menu item instructions) for the **installation of the manoeuvring rollers!**

Please tighten the fastening screws with max. 25 Nm. \_\_\_\_\_

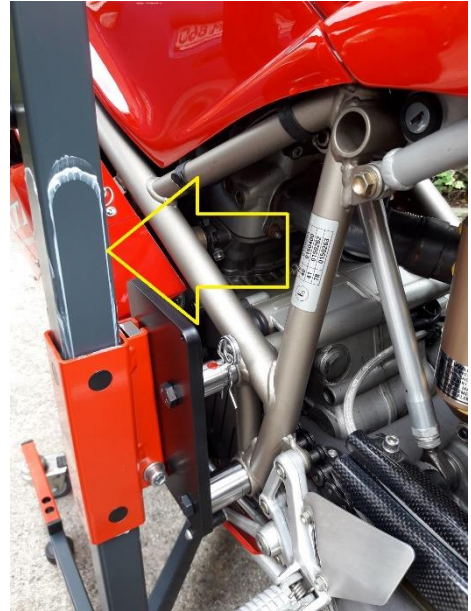
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## Care instructions / Maintenance

We deliver the Bike-Tower ready for use. Nevertheless, we ask you to check all screws for tightness before using it for the first time. We also recommend to check the screws once a year.

Please make sure that the sliding tube/pillar of the Bike-Tower is greased at regular intervals in the area where the glider moves. This must also be done after changing the carrier plate for a new motorcycle model, as the height adjustment of the glider usually changes.

Please use only commercially available bearing grease, no spray oils.



## Attention Safety Instructions

Never reach between the handlebars of the handlebar mechanism with your hands while operating the Bike-Tower. Risk of crushing!



For safety reasons, no persons may be on the motorcycle when it is lifted up!

Only manoeuvre the Bike-Tower on level surfaces when raised!